

Download The Yeast Connection And The Woman

A growing number of women suffer from chronic health disorders that seem to defy treatment, with problems ranging from vaginitis to migraines and depression. Now, hope is at hand in the completely revised and updated *The Yeast Connection and Women's Health*. Included is vital information on prescription and nonprescription antifungals, lifestyle changes, dietary modifications, and nutritional supplements—all presented in easy-to-understand language with real examples of women who restored ...Yeast-related problems ranging from PMS to endometriosis trouble millions of American women. But fatigue, headache, depression, and digestive and skin disorders have also been linked to an overgrowth of yeast. This comprehensive book focuses on *Candida albicans* - what it is, how it causes illness, and why women are affected by it more than men. A growing number of women suffer from chronic health disorders that seem to defy treatment, with problems ranging from vaginitis to migraines and depression. Now, hope is at hand in the completely revised and updated *The Yeast Connection and Women's Health*. Included is vital information on prescription and nonprescription antifungals, lifestyle changes, dietary modifications, and nutritional supplements—all presented in easy-to-understand language with real examples of women who restored ...*The Yeast Connection and Women's Health* is a must-read for any woman stymied with unexplained fatigue or other health problems. But don't just take our word for it. Read an excerpt from Dr. William Crook's latest addition to the Yeast Connection library. Martha's illness started with a viral infection that caused liver damage.