

# Download Strengthening Family Resilience Third Edition

This book highlights the multiple causes that may contribute to family distress, and then, with a powerful lens of hope, explores the varied avenues that family members can take to increase family and individual resilience. Strengthening Family Resilience is an antidote to the simplistic labeling of diagnostic manuals. Therapists will change ...Strengthening Family Resilience is an antidote to the simplistic labeling of diagnostic manuals. Therapists will change their ways of thinking about healing after reading this remarkable book.” —Salvador Minuchin, MD “The third edition of this classic, comprehensive book is a welcome addition to any health care professional’s library. This book highlights the multiple causes that may contribute to family distress, and then, with a powerful lens of hope, explores the varied avenues that family members can take to increase family and individual resilience. Strengthening Family Resilience is an antidote to the simplistic labeling of diagnostic manuals. In this widely used course text and practitioner resource, Froma Walsh provides a state-of-the-art framework for understanding resilience in families and how to foster it. Illuminating the complex interplay of biopsychosocial influences in risk and resilience, she identifies key transactional processes that enable struggling families to grow stronger and more resourceful.