

# Download Personal Trainer Certification

Get a personal trainer certification from NASM. Top rated trainer certification programs, study guides, exam prep, and advanced credentials. At the National Personal Training Association, we offer complete online personal training certification with no hidden costs or extra purchases required. You may obtain your CPT certification online immediately once you pass the final exam with our free instant 24/7 email pdf certification card. Personal Trainer Certification. With a certification accredited by the National Commission for Certifying Agencies (NCCA) and built on the foundation of the ACE Integrated Fitness Training® Model, you will be equipped to deliver individualized programming proven to move people to adopt sustainable, healthy behaviors and a more active way of life. Before starting your personal trainer certification program, you'll need to have completed a few prerequisites. For example, every program requires that you are 18 years or older, and that you have a hands-on CPR and AED (automatic external defibrillator) certification.