

Download Family Guide To The Twelve Steps

I was trying to make sense of your assessment of the 12 steps. I definitely want nothing to do with the mark of the beast. My daughter is in recovery, and I know of others who attend daily AA and remain sober, however they do believe that if they did not attend that they would slip backwards. A twelve-step program is a set of guiding principles outlining a course of action for recovery from addiction, compulsion, or other behavioral problems. Originally proposed by Alcoholics Anonymous (AA) as a method of recovery from alcoholism, the Twelve Steps were first published in the 1939 book *Alcoholics Anonymous: The Story of How More Than One Hundred Men Have Recovered from Alcoholism*.¹⁰⁶ Step Twelve "Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all