

Download Cupping Healing Therapy Medical Treatment

Cupping therapy is an ancient form of alternative medicine. Cupping is used in more than 60 countries. Its usage dates back to as far as 1,550 B.C. There are different forms of cupping; the most common are dry, wet, and fire cupping. Cups are applied onto the skin and a suction is created, pulling the skin up. Cupping therapy was used in Egypt dating back some 3,500 years, where its use is represented in hieroglyphic writing. The earliest recorded use of Cupping is from the famous Taoist alchemist and herbalist, Ge Hong (281–341 A.D.).⁴

Mechanism of cupping therapy. Qi (? qì) permeates everything which is not only the vital energy of life but also the transferable energy. It is the quality attribute that determines the state of one's health and life span. Cupping therapy might be trendy now, but it's not new. It dates back to ancient Egyptian, Chinese, and Middle Eastern cultures. One of the oldest medical textbooks in the world, the Ebers ...